



Junior Tennis

Fall Session #I 2023 - September 5th – Oct 23th

All Monday clinics are six weeks, and all others are seven weeks.

Red Ball - This class introduces kids to tennis with a fun and exciting approach. Red tennis balls bounce lower and move more slowly through the air, allowing beginning players to learn introductory techniques and footwork properly. Courts at this level are 36 feet long and 18 feet wide. Basic tennis fundamentals and shots are taught through lots of tennis-like games. Players should use a 23" racket.

Orange Ball - Once comfortable at the red level, players graduate to play at the orange level. Orange tennis balls bounce higher and move faster than the red felt or foam balls but lower and slower than the green ball. They are a step toward the traditional yellow tennis ball while remaining fun and manageable for players learning the game. Players learn more advanced techniques and are introduced to topspin and game tactics. Courts at this level are 60 feet by 21 feet for singles and 60 feet by 27 feet for doubles. Players should use a 24" racket.

Green Ball – After orange, the next level is green. The green ball is like the traditional yellow tennis ball but has slightly lower compression, so it rebounds lower off the court after a bounce. Players develop different types of spin and more advanced game strategies and build an all-court game. The Green court is the same dimension as the traditional yellow court: 78 feet by 27 feet for singles and 78 feet by 36 feet for doubles. The net is 3 feet at the center and 3-foot-6 at the net posts. Players should use a 25" racket.

Teen Beginner - This class is designed for teenagers who would like to learn the basics. Players will learn introductory footwork, stroke techniques, and tactics.

High School - This clinic is designed for intermediate to advanced younger and current high school players looking to reach the next level in their game and improve their skills to prepare for high school tennis. However, they are not regularly playing in tournaments throughout the year.

Tournament Training - This clinic is an intensive, immersive training program with everything players need to compete in USTA and UTR tournaments. Players will focus on developing advanced patterns of play, building a variety of shots, and improving overall fitness and court intelligence. This clinic also focuses on helping players with their mental toughness and additional on and off-court knowledge.





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Red Ball (Ages 5-8)

Mon. 4:30-5:30 pm \$120 M \$180 NM

Wed. 4:30-5:30 pm \$140 M \$210 NM

Fri. 4:00-5:00 pm \$140 M \$210 NM

Sat. 12:00-1:00 pm \$140 M \$210 NM

Orange Ball (Ages 8-10)

Mon. 4:30-5:30 pm \$150 M \$210 NM

Wed. 4:30-5:30 pm \$175 M \$245 NM

Sat. 1:00-2:00 pm \$175 M \$245 NM

Green Ball (Ages 10-12)

Tue. 4:30-5:30 pm \$175 M \$245 NM

Thur. 4:30-5:30 pm \$175 M \$245 NM

Sat. 2:00-3:00 pm \$175 M \$245 NM

Teen Beginner (Ages 13-18)

Tue. 5:00-6:00 pm \$175 M \$245 NM

Fri. 4:00-5:00 pm \$175 M \$245 NM

Sat. 3:00-4:00 pm \$175 M \$245 NM

High School (Ages 13-18)

Mon. 5:30-7:00 pm \$225 M \$285 NM

Fri. 5:00-6:30 pm \$265 M \$335 NM

Sat. 10:00-11:30 am \$265 M \$335 NM

Tournament Training (Ages 10-18)

(Green and Yellow Balls Used)

Director approval before sign up is required.

Tue. 5:30-7:30 pm \$350.00 M \$420.00 NM

Thur. 5:00-7:00 pm \$350.00 M \$420.00 NM

Sat. 10:00-12:00 pm \$350.00 M \$420.00 NM

Coached Match Play:

Green Ball

Sat. 6:00-7:00 pm \$15/M \$20/NM

Yellow Ball

Sat. 7:00-8:30 pm \$20/M \$25/NM

Please note: All prices are based on one clinic per week. If you sign up for two or more clinics per week, you receive a 10% credit towards future club purchases.

Payment Policy: All payments are due in full 24 hours before the start date of a class.

Makeup Policy: All makeups are a case-by-case situation. There is no guaranteed makeup. With Tennis Director's approval, we will do our best to accommodate extenuating circumstances by allowing players to join a similar clinic at a different time in the current session. If the club cancels a clinic, a makeup clinic will be issued.

Registration: To sign up for a clinic, please register online at paxtenfit.clubautomation.com. Payment is due at the time of registration. The registration deadline for all clinics is 24 hours before the start date. For all additional questions, please email Nick Wagner, Director of Tennis, at nick@paxtenfit.com or call 603-722-0330.

Refund Policy: There are no refunds issued after the clinic's start date, but we will do our best to accommodate an extenuating circumstance and only with the Tennis Director's approval.

